



CANBERRA HIGH SCHOOL - SHAPE Electives overview for Semester 1, 2021

Active Games :

Students will nominate team sports at the beginning of term. Most sports will be on at least a 3 week cycle. Green boxes highlight times when the class has time in the gym. 'Bikes' is a unit of work that has been planned around the availability of hiring bikes for the specified period of time. Students will engage in basic safety and skills with some local excursions planned once these criteria have been satisfied.

Fit For Life:

Class will nominate a list of games and activities which are non team based. Green boxes highlight times when the class has time in the gym.

Outdoor Pursuits 9:

Classes are working on building skills, knowledge and understanding toward their trips. Green boxes highlight times when the class has time in the gym.

Outdoor Pursuits 10

Classes are working on building skills, knowledge and understanding toward their trips. Green boxes highlight times when the class has time in the gym.

Weekly overviews for each SHAPE Elective class follow this page - classes are organised in terms of the lines taught



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Line B	Active Games Beasley	Fit 4 Life Negline	Outdoor 10 Smith	Outdoor 10 Maloney
Week	Term 1	Term 1	Term 1	Term 1
1				
2				
3				
4				
5			Watersports trip	Watersports trip
6				
7				
8		Bikes		
9		Bikes		
	Term 2	Term 2	Term 2	Term 2
10			Canoe Trip	Canoe Trip
11	BIKES			
13	BIKES			
14	BIKES			
15			Caving Trip #1	Caving Trip #1
16			Caving Trip #2	Caving Trip #2
17				
18				
19				
20				



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Line D	Active Games Betts
Week	Term 1
1	
2	
3	
4	
5	
6	
7	
8	BIKES
9	BIKES
	Term 2
11	
12	BIKES
13	BIKES
14	BIKES
15	
16	
17	
18	
19	



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Line E	Fit 4 Life Maloney
Week	Term 1
1	
2	
3	
4	
5	
6	
7	
8	BIKES
9	BIKES
	Term 2
11	
12	BIKES
13	BIKES
14	BIKES
15	
16	
17	
18	
19	



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Line G	Outdoor 9 Smith	Outdoor 9 Maloney
Week	Term 1	Term 1
1		
2		
3		
4		
5		
6		
7	Surf and Snorkel Trip	Surf and Snorkel trip
8		
9		
	Term 2	Term 2
10		
11	BIKES	BIKES
12	Bushwalk trip	Bushwalk trip
13	BIKES	BIKES
14		
15		
16		
17		
18	Caving Trip	Caving Trip
19		