



**Canberra High School**  
— ESTABLISHED 1938 —

## **Outdoor Education: Cross Country Skiing – Perisher Nordic Trails Friday 16<sup>th</sup> August 2019 (Week 4)**

|                           |  |
|---------------------------|--|
| <b>Departure:</b>         | 5.00am (Arrive at school at 4:45am)  |
| <b>Return:</b>            | 7.00pm (approx.)   |
| <b>Transport:</b>         | Students will travel by Hertz hire bus   |
| <b>Location:</b>          | Perisher Nordic Trails, Kosciusko National Park  |
| <b>Cost:</b>              | \$85.00  |
| <b>Payment/notes due:</b> | Wednesday 7 <sup>th</sup> August.  |
| <b>Cost includes:</b>     | Entrance into Kosciusko NP, gear hire (skis, boots & poles), bus hire, insurance and fuel.   |
| <b>Not included:</b>      | Packed lunch and snacks or clothing hire for the day.  |
| <b>Attending staff:</b>   | Ellie Smith, Simon Beasley & Finn Tregurtha  |
| <b>First aid:</b>         | Ellie and Simon have a current Wilderness First Aid Australia qualifications and will following these training procedures in the case of any incident. |
| <b>Contact details:</b>   | School mobile: 0447 174 322<br>School satellite phone: 0424216480 (only used in emergency)   |

**What to bring checklist:**

| <b>Equipment</b>   | <i>Tick</i> | <b>Clothing</b>                                 | <i>Tick</i> |
|--|-------------|---|-------------|
| 1 Plastic Bag (for wet clothes)                                  |             | Hat   |             |
| Sunscreen/ lip balm  |             | Beanie  |             |
| Personal medication (to be discussed with teacher prior to camp) |             | Ski/waterproof Jacket **                        |             |
|  |             | Pants (ski/snowboard pants or waterproof pants) |             |
| Food/Drinks (Lunches and snacks)                                 |             | Gloves/mittens (waterproof and insulated)       |             |
| Day pack   |             | Goggles or/and Sunnies                          |             |
| Water bottle   |             | Warm jumper/fleece                              |             |
|  |             | 2 sets of socks (ski socks may get wet)         |             |
|  |             | 1 Pair of shoes                                 |             |
|  |             | Thermal bottoms and top                         |             |
|  |             | Neck warmer/snood/scarf (Optional)              |             |
|  |             |   |             |
|  |             |   |             |

**\*\* Can be supplied by school but using personal gear is recommended where possible.**

**Note:** Weather within mountainous terrain is unpredictable so wet, windy and cold weather is always a possibility and should be planned for. The clothing options above are examples only as individual needs (warmth) may vary.

**Intended Itinerary (subject to change due to weather or other groups using the area)**



OUTDOOR ADVENTURE ACTIVITY  
Permission note

**Permission Note to Be Signed by Parents**

Education and Training

I give permission for my child .....

to take part in the **Cross Country Skiing** adventure activity taking place at **Perisher Nordic Trails** on Friday the **16<sup>th</sup> of August 2019**.

*The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory.*

*If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.*

- I authorise the teacher-in-charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency
- I agree to meet the costs associated with any emergency arrangement made by the teacher-in charge (free ambulance transportation applies only in the ACT)
- I agree that the student will be under the authority of the school for the duration of the activity, and that the teacher-in-charge is authorised to return the student home at the expense of the parent/guardian if the teacher-in-charge considers that circumstances warrant such action
- Please complete the attached medical form which will include information about current medical requirements and/or other needs of the child relevant to the activity
- The Excursion Medical Information and Consent Form must be completed and returned to the school prior to the excursion.

I understand that video and photographic material may taken of my child on the excursion for assessment, display, moderation and publicity purposes and give permission for this to occur.

Full name of parent/guardian (please print):

.....

Signature of parent/guardian: ..... Date: .....

As outdoor adventure activities are generally optional enrichment activities, payment is required to cover costs. Schools have an equity fund that can be used to provide financial assistance for students whose parents are unable to make the requested contribution.



## PAYMENT OPTIONS

1. **Payment in person** at school Front Office-between 8:15am & 2:30pm Mon-Fri  
**EFTPOS** facilities are available. Cheques made payable to Canberra High School

2. **Direct Deposit:** Bank: Westpac  
BSB: 032777 Acc. No. 001113  
Acc. Name: Canberra High School

**FEE CODE: XCSKI EXCURSION TITLE: XC SKI TRIP**

3. **Canberra High School Website:** [www.canberrahs.act.edu.au](http://www.canberrahs.act.edu.au)  
(QUICKWEB)

4. **Phone Payments – Credit cards** Phone: 61420800 or 61420806

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Please debit my  Mastercard  Visa

Card Number: □□□□-□□□□-□□□□-□□□□

Card Expiry Date: \_\_\_\_\_ Name on card: \_\_\_\_\_

Parent/Carer: \_\_\_\_\_ Student Name: \_\_\_\_\_

Total Amount Paid: \$ \_\_\_\_\_

Cardholders Signature: \_\_\_\_\_

Contact Phone number of Cardholder: \_\_\_\_\_

**Students Name:** \_\_\_\_\_

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level. We have an equity fund which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however there is insufficient total funding available to meet the cost of the camp/excursion, regrettably we may not be able to proceed.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and if the student is unable to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.