



Canberra High School
— ESTABLISHED 1938 —

Outdoor Pursuits Year 10 Two Day – Ski and Snowboard Camp 21-23rd August, 2019

- Departure:** 4:00pm Wednesday 21st August, (Bring Gear to school)
- Return:** 7:30pm (approx.) Friday 23rd August
- Transport:** Students will travel by Hertz hire buses
- Cost:** \$400.00 (Without Clothing Package)
\$434.00 (With Clothing Package: Pants, Jacket, Gloves and Goggles)
- Payment due:** Full payment by **Friday 16th August** (Deposit of \$100, signed note & Medical form ASAP to secure position)
- Cost includes:** Two nights' accommodation, Two day lift pass, Two lessons, Ski/board hire, all safety equipment, Two dinners and breakfasts, Ski tube tickets, Bus hire, insurance and fuel.
- Not included:** Day time food and drinks – Students are required to provide: Packed (or bought) lunch for two days, snacks throughout the two days and money for dinner on Friday night (fast food purchased in Cooma). Snow specific clothing (can be hired at an extra cost please indicate on permission note)
- Attending staff:** Simon Beasley, Ellen Smith, Cameron Betts and Mackenzie Carmen (Assistant leader)
- First aid:** Simon, Ellen and Cameron are all teachers at Canberra High and Simon and Ellen both have current Wilderness First Aid Australia training and will follow these training procedures in the case of any incident.
- Accommodation:** The Station, 8228 The Snowy River Way, Jindabyne NSW 2627
- Contact details:** School mobile: 0481577744 or 0447174322
- Mobile phones:** Students are permitted to carry mobile phones but staff will collect these from 10pm-5am each night. If students need to be contacted during these times the above staff phones are to be used.

Phone 02 6142 0800 • **Fax** 02 6142 0806

Address Bindubi Street Macquarie ACT 2614

Email info@canberraahs.act.edu.au • **Web** www.canberraahs.act.edu.au

ABN 16 237 342 597



What to bring checklist:

Equipment	<i>Tick</i>	Clothing	<i>Tick</i>
1 Plastic Bag (for wet clothes)		Hat	
Sunscreen/ lip balm		Beanie	
Personal medication (to be discussed with teacher prior to camp)		Ski Jacket*	
Pillow		Winter Pants* (waterproof and insulated)	
Sleeping Bag (warm) if you feel the cold, bedding is provided**		Gloves* (waterproof and insulated)	
Torch		Goggles*	
Food/Drinks (Lunches and snacks)		Warm casual clothes for night time	
Toiletries		3 sets of underwear and socks	
		Towel	
		1 Pair of shoes	
		Thermal underwear	
		Scarf (Optional)	

* **Can be hired at extra cost:** \$34 for (Jacket and Pants, Glove and Goggles) items need to be arranged prior to trip through the school.

** **Can be supplied by school but using personal gear is recommended where possible.**

Note: Weather within mountainous terrain is unpredictable so wet weather is always a possibility and should be planned for. The clothing options above are examples only as individual needs (warmth) may vary.

**Intended Itinerary (subject to change due to weather or other groups using the area)
-Please keep this for the camp-**

Day 1 Wednesday	Group 1
4:00pm	Travel from Canberra High to Jindabyne
6:30pm	Arrive at The Station Resort
7:00pm	Dinner
8:00pm	Team Meeting
10:00pm	Lights out

Day 2 Thursday	
5:20am	Wake-up
6:00am	Breakfast
7:00am	Leave The Station Resort
7:30am	Arrive at Bullocks Flat, hire equipment and catch ski tube
9:00am	Start Lesson at Blue Cow
12:30pm	Meet for roll check
1:00pm	Free Ski and Snowboarding in designated areas
4:30pm	Meet at train station for roll and catch ski tube
6:00pm	Go shopping in Jindabyne
6:30pm	Leave Jindabyne and go to The Station Resort
7:30pm	Dinner
8:30pm	Group Meeting
10:00pm	Lights Out

Day 3 Friday	
7:00am	Wake-up
7:30am	Breakfast
8:00am	Pack up and room checks
8:30am	Leave The Station Resort
9:00am	Catch Ski tube to Blue Cow
11:00am	Start Lesson at Blue Cow
1:00pm	Meet for roll check
1:30pm	Free Ski and Snowboarding in designated areas
3:30pm	Meet at train station for roll can catch Ski Tube
4:00pm	Return all equipment at Bullocks Flat
5:00pm	Leave for Canberra
5:45pm	Dinner at Cooma
7:30pm	Arrive at Canberra High

Ski/Board + Accommodation Package:	\$400
Clothing Package (please circle on permission form):	(Only applies to those wanting a clothing package) \$34
Total Due:	

PAYMENT OPTIONS

1. **Payment in person** at school Front Office-between 8:15am & 2:30pm Mon-Fri
EFTPOS facilities are available. Cheques made payable to Canberra High School

2. **Direct Deposit:** Bank: Westpac
BSB: 032777 Acc. No. 001113
Acc. Name: Canberra High School

FEE CODE: OP10SKI

EXCURSION TITLE: OP 10 Ski

3. **Canberra High School Website:** www.canberrahs.act.edu.au
(QUICKWEB)

4. **Phone Payments – Credit cards** Phone: 62057000 or 62057028

Please debit my **Mastercard** **Visa**

Card Number: - - -

Card Expiry Date: _____ Name on card: _____

Parent/Carer: _____ Student Name: _____

Total Amount Paid: \$ _____

Cardholders Signature: _____

Contact Phone number of Cardholder: _____

Students Name: _____

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level. We have an equity fund which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however there is insufficient total funding available to meet the cost of the camp/excursion, regrettably we may not be able to proceed.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and if the student is unable to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.



Education and Training

OUTDOOR ADVENTURE ACTIVITY
Permission note

Permission Note to Be Signed by Parents

I give permission for my child
to attend Outdoor Pursuits Two Day Ski and Snowboard Camp at Perisher Blue
from Wednesday 21st August 2019 to Friday 23rd August 2019

To ease our organisation and communication with the ski field we require certain personal information about your child.

My child wishes to (please circle) Ski OR Snowboard

Their skill level is (Please Circle): Beginner Intermediate Expert

Their Height is: cm Weight: Kg Snowboard stance (Please Circle): Goofy OR Regular

Clothing package (please circle): Yes OR No (sizes chosen on site)

(Package includes; Pants, Jacket, Gloves and Goggles)

The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory. If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.

- I authorise the teacher-in-charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency
I agree to meet the costs associated with any emergency arrangement made by the teacher-in charge (free ambulance transportation applies only in the ACT)
I agree that the student will be under the authority of the school for the duration of the activity, and that the teacher-in-charge is authorised to return the student home at the expense of the parent/guardian if the teacher-in-charge considers that circumstances warrant such action
Please complete the attached medical form which will include information about current medical requirements and/or other needs of the child relevant to the activity
The Excursion Medical Information and Consent Form must be completed and returned to the school prior to the excursion.

(Where relevant) I agree to my child travelling by private car, driven by a staff member or leader as the case may be.

(Where relevant) I understand that video and photographic material may be taken of my child on the excursion for assessment, display, moderation and publicity purposes and give permission for this to occur.

Full name of parent/guardian (please print):

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*****Signature of parent/guardian:..... Date:.....