Outdoor Education Year 10 - Canoe Camp
27-28th October, 2016

Departure: 6:00am Thursday 27th October (Arrive at school at 5:45am)
Return: 4:00pm (approx.) Friday 28th October
Transport: Students will travel by Hertz hire bus
Cost: $140.00
Payment due: Thursday 21st October
Cost includes: Hire of all Canoe gear (Canoe, barrels, PFD’s and paddles). Bus hire, fuel and hire of campsite.
Not included: Food and drinks – Students are required to provide: 2 lunches, 1 dinner, 1 breakfast and high energy snack food. Remember canoeing is hard work and foods containing carbohydrates and sugar are a good source of energy.
Attending staff: Simon Beasley, Mitchel Easterby, Danicia Ollsen
First aid: Simon has a current Wilderness First Aid Australia training and will following these training procedures in the case of any incident. Danica is an experienced outdoor leader with knowledge and skills in this area.
Accommodation: We will be camping at a point along the Kangaroo River between Bendeela campsite and Tallowa Dam. Students will be cooking one dinner and one breakfast (using a Trangia cooking stove). Lunches need to be packed.
Contact details: School mobile: 0481577744 (when in reception)
Satellite phone: 0424216480 (only switched on in an emergency)
## What to bring checklist:

<table>
<thead>
<tr>
<th>Equipment</th>
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<th>Tick</th>
<th>Clothing</th>
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<tbody>
<tr>
<td>10 Plastic garbage Bags</td>
<td></td>
<td></td>
<td>Hat</td>
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<tr>
<td>Sunscreen/ lip balm</td>
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<td>Beanie</td>
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<td>Personal medication (to be discussed with teacher prior to camp)</td>
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<td></td>
<td>Japara (rain jacket) *</td>
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<td>Tent (per group) *</td>
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<td>Change of clothes (including shoes, leave on bus)</td>
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<tr>
<td>Cooking stove (supplied by school)</td>
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<td>Swimmers/ board shorts</td>
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<td>Cooking/Cutlery/Plate/Cup</td>
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<td>Towel</td>
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<tr>
<td>Torch</td>
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<td></td>
<td>3 sets Underwear and socks</td>
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<tr>
<td>Roll mat *</td>
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<td>Warm clothes for 2 days (Tracksuit)</td>
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<tr>
<td>Toiletries (Toothbrush, toilet paper etc)</td>
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<td>2 t-shirts</td>
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<tr>
<td>Pillow</td>
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<td>1 long sleeve t shirt (sun protection)</td>
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<td>Sleeping Bag (warm) *</td>
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<td>1 Pair of shoes or Water booties (will get wet in Canoe)</td>
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<tr>
<td>Insect repellent</td>
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<td></td>
<td>1 Pair of shoes to walk around camp site</td>
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<td>Food/Drinks (shared between cooking groups)</td>
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<td>Thermals</td>
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<td>Water Bottle/s (4 Litres minimum)</td>
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<td>Woollen Jumper</td>
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<td>Day pack (Might get wet, snacks, sunscreen and hat only)</td>
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<td></td>
<td>Warm Jacket</td>
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<td>Tea Towel</td>
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* Can be supplied by school but using personal gear is recommended where possible.

**Note:** Weather during the trip should be warm during the day and cool overnight. Wet weather is always a possibility and should be planned for. These are suggested examples and individual needs may vary.

### What NOT to bring:

Lighters/matches/pocket knives will be confiscated. Any valuable items such as phones, music devices and cameras etc. are the responsibility of the students. No responsibility for these items will be taken by staff. ENERGY drinks are specifically banned at CHS and will be confiscated if found, additionally students position on future camps will be jeopardised.

### Camp Ratios:

To secure a spot on the trip students must pay a minimum $50 deposit, have handed in the permission note and completed a swim test. Only with these two provisions being met can a student be guaranteed a position.
Intended travel to and from venue

Intended Route
PAYMENT OPTIONS

1. **Payment in person** at school Front Office-between 8:15am & 2:30pm Mon-Fri
   *EFTPOS* facilities are available. Cheques made payable to Canberra High School

2. **Direct Deposit:**
   - *Bank:* Westpac
   - *BSB:* 032777
   - *Acc. No.* 001113
   - *Acc. Name:* Canberra High School

   **FEE CODE:** OECANOE       **EXCURSION TITLE:** OE Canoe

3. (QUICKWEB) **Canberra High School Website:** [www.canberrahs.act.edu.au](http://www.canberrahs.act.edu.au)

4. **Phone Payments** – Credit cards Phone: 62057000 or 62057028

   Please debit my □ Mastercard □ Visa □

   Card Number: __________________________

   Card Expiry Date: __________ Name on card: __________________________

   Parent/Carer: _________________________ Student Name: _________________________

   Total Amount Paid: $___________

   Cardholders Signature: _________________________

   Contact Phone number of Cardholder: _________________________

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level. We have an equity fund which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however there is insufficient total funding available to meet the cost of the camp/excursion, regrettably we may not be able to proceed.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and if the student is unable to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.
I give permission for my child …………………………………………………………………………………………………………

to attend the Outdoor Education Yr 10 Canoe Camp to Kangaroo Valley

from Thursday 27th October 2016 to Friday 28th October 2016

The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory.

If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.

- I authorise the teacher-in-charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency
- I agree to meet the costs associated with any emergency arrangement made by the teacher-in-charge (free ambulance transportation applies only in the ACT)
- I agree that the student will be under the authority of the school for the duration of the activity, and that the teacher-in-charge is authorised to return the student home at the expense of the parent/guardian if the teacher-in-charge considers that circumstances warrant such action
- Please complete the attached medical form which will include information about current medical requirements and/or other needs of the child relevant to the activity
- The Excursion Medical Information and Consent Form must be completed and returned to the school prior to the excursion.

(Where relevant) I agree to my child travelling by private car, driven by a staff member or leader as the case may be.

(Where relevant) I understand that video and photographic material may be taken of my child on the excursion for assessment, display, moderation and publicity purposes and give permission for this to occur.

Full name of parent/guardian (please print):

...........................................................................................................................................................................................................................................................

******Signature of parent/guardian:................................................................. Date:.........................
Group Preparation:
The students are taken to the pool before the excursion so an assessment can be made on their swimming ability. As per the ACT Gov. Mandatory Procedures students must demonstrated that they can swim 200m in flat water and float and tread water for 5 minutes. They are briefed on hazards as well as entry and exit points.

Permission for swimming and aquatic activities

**NOTE:** The information that you provide will assist to provide a safe environment for your child’s participation in swimming/aquatic activities.

Please describe in detail your child’s swimming ability, e.g. water confidence, swimming strength, distance (swimming continuously) and ability to tread water.

____________________________________________________________________________________

Please list any special requirements necessary for your child to participate in swimming/aquatic activities.

____________________________________________________________________________________

I agree to my child taking part in swimming/aquatic activities associated with this excursion.

******Parent/guardian signature: __________________________ Date: __________

*** Please inform me of any changes to your child’s medical information form that has occurred since the original medical form was submitted in Term 3, 2016. ***

This form requests information about students that will be held by the school. This information may be disclosed to government or private medical or paramedical staff and other relevant officers in the event of an accident or emergency. The information is collected as a lawful administrative function of the ACT Department of Education and Training.