



Canberra High School
— ESTABLISHED 1938 —

Outdoor Pursuits Year 10 - Canoe Camp 1st -2nd November, 2018

- Departure:** 6:30am Thursday 1st November (Arrive at school at 6:15am)
- Return:** 4:00pm (approx.) Friday 2nd November
- Transport:** Students will travel by Hertz hire bus
- Cost:** \$150.00
- Payment due:** Friday 26th October
- Cost includes:** Hire of all Canoe gear (Canoe, barrels, PFD's and paddles). Bus hire, fuel and hire of campsite.
- Not included:** Food and drinks – Students are required to provide:
2 lunches, 1 dinner, 1 breakfast and high energy snack food.
Remember canoeing is hard work and foods containing carbohydrates and sugar are a good source of energy.
- Attending staff:** Simon Beasley, Ellen Smith, Maddy Orr
- First aid:** Simon and Ellen have a current Wilderness First Aid Australia training and will following these training procedures in the case of any incident.
- Accommodation:** We will be camping at a point along the Kangaroo River between Bendeela campsite and Tallowa Dam. Students will be cooking one dinner and one breakfast (using a Trangia cooking stove). Lunches need to be packed.
- Contact details:** School mobile: 0481577744 (when in reception)
Satellite phone: 0145354487 (only switched on in an emergency)



What to bring checklist:

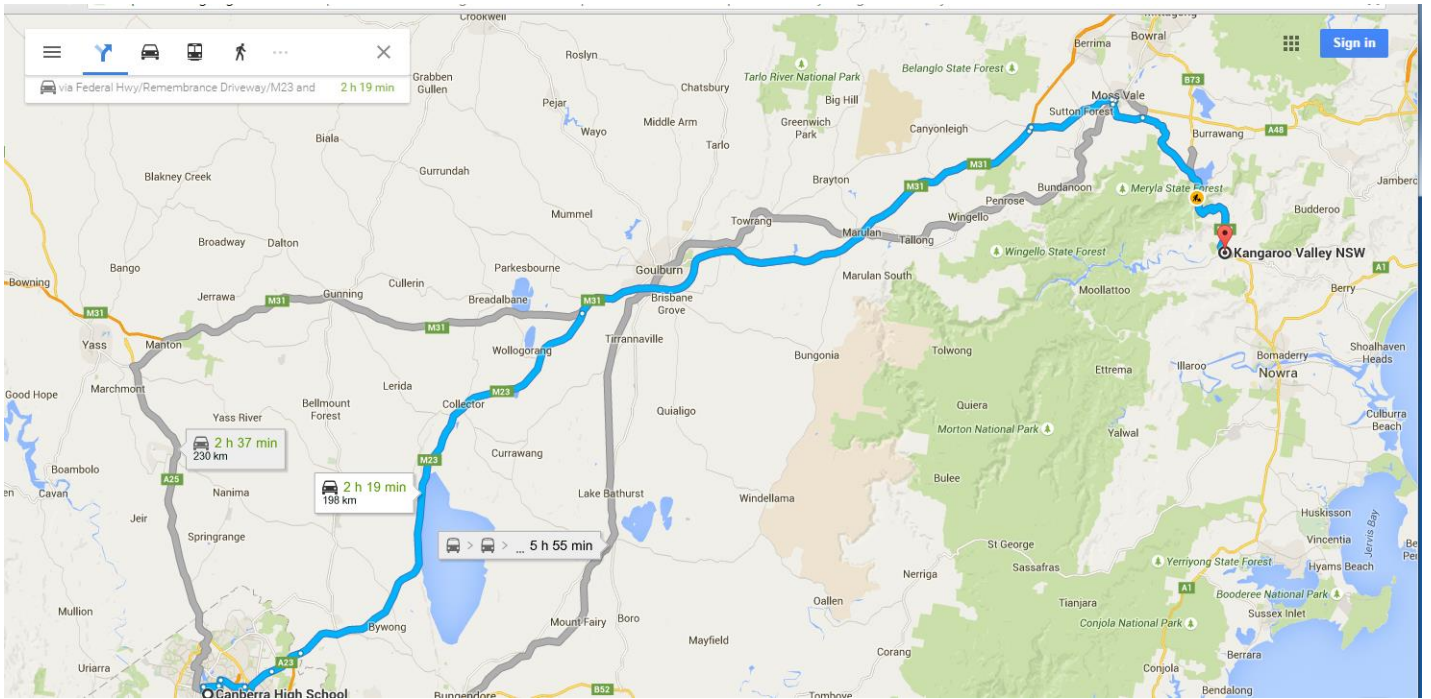
Equipment	Tick	Clothing	Tick
10 Plastic garbage Bags		Hat	
Sunscreen/ lip balm		Beanie	
Personal medication (to be discussed with teacher prior to camp)		Japara (rain jacket) *	
Tent (per group) *		Change of clothes (including shoes, leave on bus)	
Cooking stove (supplied by school)		Swimmers/ board shorts	
Cooking/Cutlery/Plate/Cup		Towel	
Torch		3 sets Underwear and socks	
Roll mat *		Warm clothes for 2 days (Tracksuit)	
Toiletries (Toothbrush, toilet paper ect)		2 t-shirts	
Pillow		1 long sleeve t shirt (sun protection)	
Sleeping Bag (warm) *		1 Pair of shoes or Water booties (will get wet in Canoe)	
Insect repellent		1 Pair of shoes to walk around camp site	
Food/Drinks (shared between cooking groups)		Thermals	
Water Bottle/s (4 Litres minimum)		Woollen Jumper	
Day pack (Might get wet, snacks, sunscreen and hat only)		Warm Jacket	
Tea Towel			

* Can be supplied by school but using personal gear is recommended where possible.

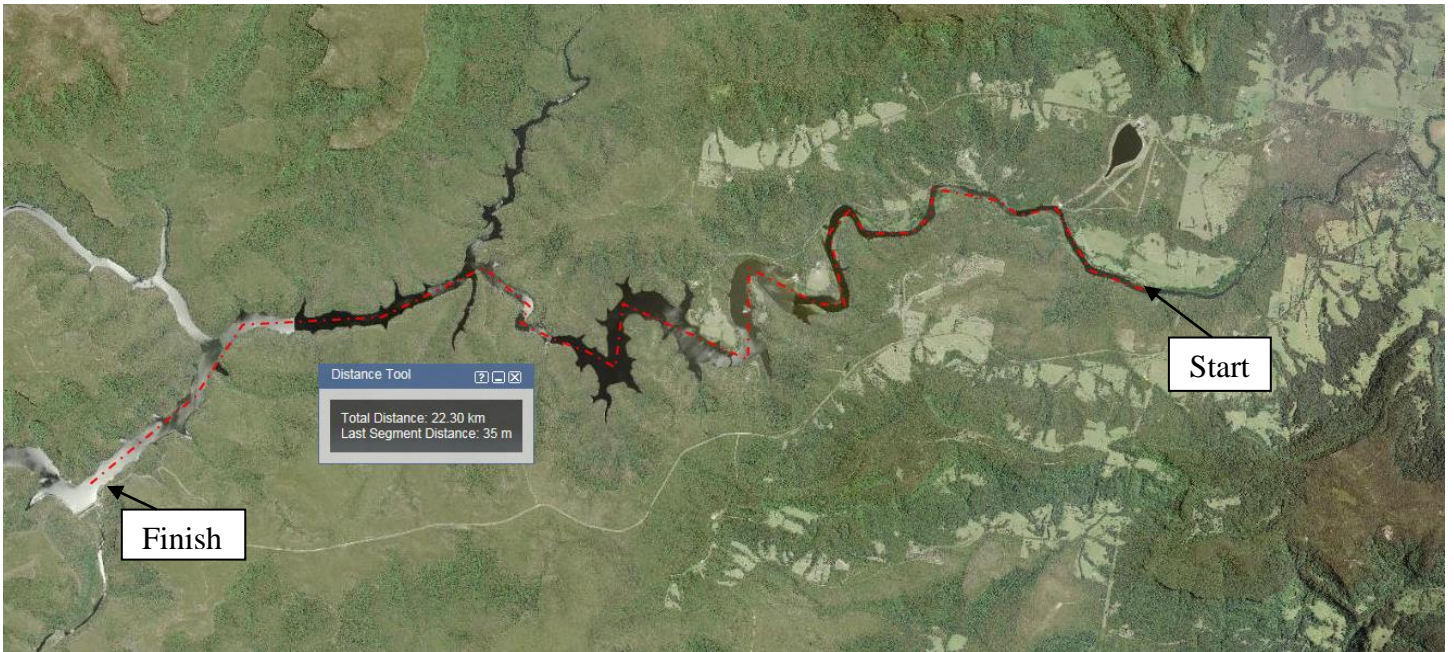
Note: Weather during the trip should be warm during the day and cool overnight. Wet weather is always a possibility and should be planned for. These are suggested examples and individual needs may vary.

What NOT to bring: Lighters/matches/pocket knives will be confiscated. Any valuable items such as phones, music devices and cameras etc. are the responsibility of the students. No responsibility for these items will be taken by staff. ENERGY drinks are specifically banned at CHS and will be confiscated if found, additionally students position on future camps will be jeopardised.

Intended travel to and from venue



Intended Route



PAYMENT OPTIONS

1. **Payment in person** at school Front Office-between 8:15am & 2:30pm Mon-Fri
EFTPOS facilities are available. Cheques made payable to Canberra High School

2. **Direct Deposit:** Bank: Westpac
BSB: 032777 Acc. No. 001113
Acc. Name: Canberra High School

FEE CODE: OPCANOE

EXCURSION TITLE: OP Canoe

3. **Canberra High School Website:** www.canberrahs.act.edu.au
(QUICKWEB)

4. **Phone Payments – Credit cards** Phone: 62057000 or 62057028

Please debit my Mastercard Visa

Card Number: - - -

Card Expiry Date: _____ Name on card: _____

Parent/Carer: _____ Student Name: _____

Total Amount Paid: \$ _____

Cardholders Signature: _____

Contact Phone number of Cardholder: _____

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level. We have an equity fund which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however there is insufficient total funding available to meet the cost of the camp/excursion, regrettably we may not be able to proceed.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and if the student is unable to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.



OUTDOOR ADVENTURE ACTIVITY
Permission note
Permission Note to Be Signed by Parents

I give permission for my child
to attend the Year 10 Outdoor Education Canoe Camp to Kangaroo Valley
from Thursday 1st November 2018 to Friday 2nd November 2018

The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory.
If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.

- I authorise the teacher-in-charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency
I agree to meet the costs associated with any emergency arrangement made by the teacher-in charge (free ambulance transportation applies only in the ACT)
I agree that the student will be under the authority of the school for the duration of the activity, and that the teacher-in-charge is authorised to return the student home at the expense of the parent/guardian if the teacher-in-charge considers that circumstances warrant such action
Please complete the attached medical form which will include information about current medical requirements and/or other needs of the child relevant to the activity
The Excursion Medical Information and Consent Form must be completed and returned to the school prior to the excursion.

(Where relevant) I agree to my child travelling by private car, driven by a staff member or leader as the case may be.

(Where relevant) I understand that video and photographic material may be taken of my child on the excursion for assessment, display, moderation and publicity purposes and give permission for this to occur.

Full name of parent/guardian (please print):

.....

*****Signature of parent/guardian:..... Date:

Group Preparation:

The students are taken to the pool before the excursion so an assessment can be made on their swimming ability. As per the ACT Gov. Mandatory Practices students must demonstrated that they can swim 200m in flat water and float and tread water for 5 minutes. They are briefed on hazards as well as entry and exit points.

Permission for swimming and aquatic activities

NOTE: The information that you provide will assist to provide a safe environment for your child’s participation in swimming/aquatic activities.

- Please describe in detail your child’s swimming ability, e.g. water confidence, swimming strength, distance (swimming continuously) and ability to tread water.

Please list any special requirements necessary for your child to participate in swimming/aquatic activities.

I agree to my child taking part in swimming/aquatic activities associated with this excursion.

*****Parent/guardian signature: _____ Date: _____

This form requests information about students that will be held by the school. This information may be disclosed to government or private medical or paramedical staff and other relevant officers in the event of an accident or emergency. The information is collected as a lawful administrative function of the ACT Department of Education and Training.