



Canberra High School
— ESTABLISHED 1938 —

Outdoor Pursuits Year 10 – Rock climbing and Abseiling Camp White Rocks & Bungonia National Park, NSW 12th - 13th September 2019

- Departure:** 7.00am Thursday 12th Sep, 2019 (Arrive at school at 6:45am).
- Return:** 4:00pm (approx.) Friday 13th September, 2019.
- Transport:** Students will travel by Hertz hire bus.
- Cost:** \$90.00
- Payment due:** Wednesday 4th September, 2019. Places are limited to 22 students on this camp due to ratios. Therefore to secure your child's place on this camp a full payment AND all permission notes completed by this date.
- Cost includes:** Hire of abseiling/climbing equipment. Bus hire, insurance and fuel, all camping equipment and hire of campsite & entry into National Parks.
- Not included:** Food and drinks – Students are required to provide:
Packed lunch Day 1, dinner to be cooked in groups Day 1, non-cooked breakfast Day 2, lunch Day 2 and snacks for two days (high energy).
- Attending staff:** Ellen Smith, Simon Beasley & assistant staff member.
- First aid:** Ellen and Simon are both teachers at Canberra High and both hold a current Wilderness First Aid Australia Certificates and will following these training procedures in the case of any incident.
- Accommodation:** Camping in tents at Bungonia National Park Campground
- Contact details:** School mobile: 04 4717 4322.
School satellite phone: 0145 354 487 (Emergency Only)
Bungonia National Park Office: 02 4827 4700

What to bring checklist:

Equipment	Tick	Clothing	Tick
3 Rubbish Bags		Hat	
Sunscreen/ lip balm		Beanie	
Personal medication (to be discussed with teacher prior to camp)		Japara (rain jacket) *	
Tent (per group) *		Clothes to stay dry / clean/ warm	
Cooking/ eating utensils Trangia*		Comfortable clothes for climbing and abseiling	
		Warm clothes for night time	
Roll mat *		3 sets of underwear and socks	
Toiletries		Towel & toiletries	
Pillow		Enclosed shoes	
Sleeping Bag (warm) *		Climbing shoes (if you own already) <i>optional</i>	
Water Bottles (capacity for 2L)			
Food/Drinks			
Torch or Headtorch *			

* Can be supplied by school but using personal gear is recommended where possible.

Note: Weather during the trip should be cool to cold during the day and very cold overnight. Wet and cold weather is always a possibility and should be planned for. These are suggested examples above and individual needs may vary.

Intended Itinerary (subject to change due to weather or other groups using the area)

<u>Day 1</u>	<u>Activity</u>
8:00am – 11:30am	Abseiling & climbing at White Rocks, Queanbeyan
11:30-12:30pm	Pack up & lunch
12:30-2:30pm	Travel to Bungonia
2:30 – 4:30pm	Abseil at Hogan's Wall
4:30 – 7:30pm	Set up tents, showers, dinner.
7:30-10:00pm	.Debrief and free time, then bed.
<u>Day 2</u>	
6:30am – 8.00am	Wake-up, breakfast
8:00-12.00pm	Climbing & abseiling at The Lookdown
12.00-1:00pm	Lunch and packing up tents
1:00-1:30pm	Debrief
2:00-4:00pm	Bus to CHS
4:00-4:30pm	Clean buses, hang all tents, sleeping bags and roll mats

PAYMENT OPTIONS

1. **Payment in person** at school Front Office-between 8:15am & 2:30pm Mon-Fri
EFTPOS facilities are available. Cheques made payable to Canberra High School

2. **Direct Deposit:** Bank: Westpac
BSB: 032777 Acc. No. 001113
Acc. Name: Canberra High School

FEE CODE: OP9Cave

EXCURSION TITLE: OP10 Abseil/climb

3. **Canberra High School Website:** www.canberrahs.act.edu.au
(QUICKWEB)

4. **Phone Payments – Credit cards** Phone: 62057000 or 62057028

Please debit my Mastercard Visa

Card Number: □□□□-□□□□-□□□□-□□□□

Card Expiry Date: _____ Name on card: _____

Parent/Carer: _____ Student Name: _____

Total Amount Paid: \$ _____

Cardholders Signature: _____

Contact Phone number of Cardholder: _____

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level. We have an equity fund which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however there is insufficient total funding available to meet the cost of the camp/excursion, regrettably we may not be able to proceed.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and if the student is unable to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.



OUTDOOR ADVENTURE ACTIVITY
Permission note

Permission Note to Be Signed by Parents

I give permission for my child
to attend Outdoor Education Year 10 Rock climbing and abseiling camp at Bungonia & White Rocks
from Thurs 12th – Fri 13th September, 2019.

The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory. If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.

- I authorise the teacher-in-charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency
I agree to meet the costs associated with any emergency arrangement made by the teacher-in charge (free ambulance transportation applies only in the ACT)
I agree that the student will be under the authority of the school for the duration of the activity, and that the teacher-in-charge is authorised to return the student home at the expense of the parent/guardian if the teacher-in-charge considers that circumstances warrant such action
Please complete the attached medical form which will include information about current medical requirements and/or other needs of the child relevant to the activity
The Excursion Medical Information and Consent Form must be completed and returned to the school prior to the excursion.

(Where relevant) I agree to my child travelling by private car, driven by a staff member or leader as the case may be.

(Where relevant) I understand that video and photographic material may be taken of my child on the excursion for assessment, display, moderation and publicity purposes and give permission for this to occur.

Full name of parent/guardian (please print):

.....

*****Signature of parent/guardian:..... Date:.....

*** Please inform me of any changes to your child’s medical information form that has occurred since the original medical form was submitted ***

Three horizontal lines for providing medical information updates.

