



Canberra High School
— ESTABLISHED 1938 —

YEAR 8 SKI & SNOWBOARD TRIP 2018

Dear Parent/Carer,

As part of the **Year 8** group in which your child is enrolled, students have the opportunity to participate in a one day Ski & Snowboard program to Thredbo ran by ALI (Action Learning Initiatives) on Friday 27 July at 4:00am to 8:30pm. Cost: \$196.90. The final payment to be paid by Friday 29 June 2018 and a \$50 deposit and a returned permission note is required to secure a spot. There are only 65 spots available so make sure you get your deposit in **ASAP** to secure your spot on the trip. Payments made after maximum numbers have been met will be refunded.

Date:	Friday 27 July 2018 – Week 1 – Term 3
Time of Departure:	<u>Students need to be at school by 4am</u> <u>The bus departs at 4:15am</u>
Time of Return:	8pm to Canberra High School
Cost:	\$196.90 to be paid by Friday 29 June 2018
Food:	Students are responsible for: Breakfast, snacks, drinks & dinner. The bus is not stopping on the way. Bring snacks to have on the bus. Lunch is provided by ALI. Bus stops for dinner in Cooma on the way home (at students cost).

All students at Canberra High School are constantly reminded of the importance of upholding the schools CARES values and representing the school as positively as possible.

This will be taken into account when determining your son / daughters eligibility to attend this trip

The final decision will be made by the Year Coordinators and Executive Staff.

Important information regarding the trip will be posted on our Google Classroom page. We ask that students please check it regularly to make sure that they stay up to date.

If you have any questions or concerns please contact us on:

Scott Dziubinski
scott.dziubinski@ed.act.edu.au

Simon Beasley
Simon.Beasley@ed.act.edu.au

Day overview:

4.00am	Students & Coach arrives at – Canberra High School
4.15am	Depart for Jindabyne
7.00am	Arrive at Bungarra Alpine Centre, straight to ski & snowboard hire on site. An ALI Representative will meet the group and assist with hire.
7.50am	Depart for Thredbo – confirm lesson groups & hand out tickets on coach etc.
8.45am	Meet at ALI meeting point Friday Flats, Thredbo
9.00am	2 hour Group Lesson for all students
11.00am	Lessons finish, group assembles at Friday Flat meeting point
11.15am	Roll call, Lunch upstairs at Friday Flat Bistro in ALI designated zone
12.15pm	On snow time in Buddy groups (sorted by school)
4.00pm	Meet at coach, roll call & pack gear
4.15pm	Depart for Bungarra Alpine Centre
5.00pm	Arrive Bungarra – return all hire gear, quick change into dry clothes
5.30pm	Depart Bungarra for school

Dinner on the way back to school at student's own cost

8.30pm Arrive back at school

Purpose of Activity and Planned Outcomes: Students will experience a degree of challenge and risk which can develop the confidence to travel and manage the body in potentially hazardous environments and improve skills. Thredbo is set up for both beginners and advanced skiers/snowboarders.

Nature of activities to be undertaken: The major two activities will be skiing and snowboarding.

Supervision: The trip is being led by Scott Dziubinski and Simon Beasley. Additional Canberra High Staff will also accompany the group.

The staff from ALI will also supply staff members so a ratio of 1:10 is met.

WHAT IS INCLUDED IN YOUR PROGRAM?

ALI will be responsible for providing the following aspects of your program:

- 1 day Lift & Lesson ticket for all operating lifts at Thredbo

Degree of Difficulty: There are lessons and ski trails set at all the different levels of skill to enable all students to participate.

Cost & Financial Details: \$196.90 *The final payment to be paid by Friday 29 June 2018.*

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and the student is no longer able to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid, minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.

Special Rules & Procedures for unacceptable behaviour: This is a school based activity and students must follow all leaders' instructions and must let leaders know where they are at all times. Students engaging in unacceptable behaviour will be excluded from activities on the excursion or be sent home at the cost of the parents depending on the severity of the behaviour or the circumstance. Before the excursion begins, if students are not following the CARES values at school their spot may be forfeited.

Contact with the group: Please contact Canberra High School on 62410800

Emergency Contact and Procedures: A number of first aid kits will be taken by teachers as well as copies of their medical information. Thredbo Medical Centre will also have a copy of our phone contacts as well as copies of the student's medical forms. All leaders are competent and have experience in snow sports. Students must stay in a Buddy System and must have their name recorded 3 times throughout the day. Procedures to be followed if a student is injured during the excursion depend on the nature and extent of the injury and the actual location of the incident. All first aid, emergency and rescue protocols are based on those developed by St Johns "Remote Area First Aid" procedures.

In general the following procedures will apply: Note that medical forms will also be carried. **The Excursion Medical Information and Consent Form** must be completed and kept updated.

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Parents and guardians should be aware that staff members are not responsible for injuries or damage to property that may occur on an excursion (where staff have not been negligent). Parents and carers should warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

Yours sincerely,

Simon Beasley
Year Coordinator

Scott Dziubinski
Organising Teacher

This map shows the general direction of travel from Canberra to Thredbo. We travel via Cooma and Jindabyne.

