

CHS Canteen Menu - 2018

CHS Canteen operates Monday to Friday during school terms unless otherwise notified.

To guarantee your choice is available for lunch, please pre-order online or at recess.

Limited items available over the counter at lunchtime.

TO PRE-ORDER ONLINE you will need to set up an online account with our service provider – Flexi schools. Follow the links from the CHS website.

All day hot food

Healthy eating Beef pie	\$4.00
Healthy eating sausage roll	\$3.50
Homemade sausage roll	\$4.00
Oven Baked Wedges	\$3.50
Vegetarian Nachos	\$4.00
Burrito	\$3.00
Cheese Tortilla	\$3.00
Garlic bread	\$1.00
Hamburger, salad & cheese	\$5.00
Chicken burger with salad	\$5.00
Chicken tender roll	\$5.00
Vegetarian Burger	\$5.00

Snacks

Muffin wholegrain with fruit	\$3.50
Jelly- made with fruit juice	\$1.00
Carrot & celery sticks	\$1.00
Crackers & cheese	\$2.00
Yogurt cups	\$2.50
Yogurt cups with berries	\$3.00
Cookies whole grain	\$0.80

Drinks

Just juice (200ml)	\$1.50
Water (600ml)	\$2.00
LOL (Raspberry, Blackcurrant, Tropical)	\$2.50
Milk – Hi-lo (300ml)	\$2.00
Milk – Moove (300ml) (Chocolate, Strawberry)	\$2.40
Milk – Moove (600ml) (Chocolate, Strawberry)	\$3.20
Slushies (various flavours)	\$2.50

Fresh fruit

Apples	\$1.00
Oranges	\$1.00
Watermelon	\$3.00
Fruit Salad	\$3.50
Fruit cups	\$0.50

Ice creams

Frozen yogurt	\$2.60
Paddle pop	\$1.70
Icy twist	\$1.00
Quench	\$1.00

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Don't forget to check out our new salad bar with Daily specials.

Salads

Plain	\$4.00
Chicken	\$4.50
Chicken Caesar (Chicken, lettuce, bacon, egg, Caesar dressing)	\$4.50
Vegetarian (with dip Falafel, cheese & egg)	\$5.00

Toasted sandwiches

Ham and cheese	\$4.50
Cheese and tomato	\$4.50
Cheese	\$4.50
Ham, cheese and tomato	\$4.50

Wraps

Chicken Caesar	\$4.00
Chicken, lettuce and mayo	\$4.00
Chicken Tandoori (Carrot, sour cream and lettuce)	\$4.00
Falafel	\$4.00

Assorted Sandwiches \$4.00
Assorted Rolls \$4.50

Chicken, cheese, ham, tomato, lettuce, cucumber, beetroot, carrot, onion.

Hot Meals - \$5.00

Curry of the day - (Butter Chicken or Beef Curry)

Fried Rice – (vegetarian or ham & chicken)

Lasagne – (Beef & Pork)

Pasta of the day – (vegetarian, Bolognese or creamy chicken)

Burrito Bowl- (Chicken, Pork, Beef or vegetarian)

Soup of the day serve with a crusty bread roll