



Canberra High School
— ESTABLISHED 1938 —

YEAR 10 OUTDOOR PURSUITS WATERSPORTS CAMP **4th - 5th March 2021**

Excursion Documents/ Payment due:

The excursion permission notes, medical form and final payment are due by **Wednesday the 26th February 2021**).

Cost:

Total cost: \$250.00

Cost includes:

- Transport – Hire bus, fuel and insurance.
- All equipment hire (except wetsuit hire at rafting – see below *)
- Cable wake park day pass
- Accommodation
- Breakfast on the second morning
- Kayaking instruction and equipment hire
- Whitewater rafting instruction and equipment hire

Not Included:

*The cost does not include lunches or dinner.

Departure:

The excursion departs Canberra High School at **7:00am on Thursday 4th March 2021**.

Return:

Returns to Canberra High School on **Friday 5th March at approximately 4:00pm**. Students can contact parents 30mins ahead to indicate exact arrival time. Please note students are required to help with cleaning the bus before being dismissed.

Attending Staff:

Ellen Smith & Michael Maloney- Staff contact to can be made on the school mobile whilst on excursion to: 0447174322

First Aid:

Michael Maloney and Ellen Smith both hold current Wilderness First Aid qualifications as well as the activity providers having First Aid trained staff on duty.

What to bring:

- Swimmers / Board shorts for Activities
- Rash vest
- Enclosed shoes / sandals that can get wet
- Towel (swimming)
- Sunscreen and lip balm
- Hat
- Consideration should be made regarding valuable items such as phones, airpods, etc to avoid risk of theft.
- Drink Bottle
- Warm clothes for non-activity times
- Shoes – pair to stay dry
- Toiletries/medications
- Sunglasses
- Lunch for first day
- Spending money - you will need to budget for one lunch and one dinner.

The accommodation is self-contained with bed linen. No pillows, towels or blankets are required.

Cables Wake Park Penrith

Address: 405 Jamison Road, Penrith NSW 2750

Phone:(02) 4722 2537

Penrith Whitewater Stadium

Address: Mccarthys Lane, Cranebrook NSW 2749

Phone: (02) 4730 4333

Thursday	
7:00am	Depart Canberra High
10:00am	Arrive at Cables Wake Park
10:00am-5:00pm	Knee boarding / Wakeboarding
7:00pm	Dinner at steakhouse
9:30pm	Lights out
Friday	
7:00am	Breakfast and pack-up
10:00am	Briefing session
10:30am-12:00pm	Whitewater Rafting session
12:30pm	Lunch
4:00pm (approx.)	Arrive at Canberra High – clean bus

Ellie Smith

Outdoor Pursuits

Canberra High School

(02) 6142 0823

Ellen.smith@ed.act.edu.au



Permission OUTDOOR ADVENTURE ACTIVITY note

Permission Note to Be Signed by Parents

I give permission for my son/daughter _____

PLEASE PRINT FULL NAME

to attend and participate in the 2 day Water sports excursion from Thursday 4th – Friday 5th March 2021 at Penrith involving cable knee/wakeboarding and white water rafting.

The ACT Department of Education and Training is an agency of the ACT Government (the Territory). The Territory has insurance arrangements in place in order to meet certain liabilities. The Territory meets claims (including claims resulting from school activities or excursions) against it where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which the injury or illness was sustained. Parents should obtain their own advice about private insurance protection that may assist in meeting expenses if their child is injured or suffers an illness in circumstances where there is no liability on the part of the Territory.

If the outside provider of the service or activity has requested that you sign a waiver or disclaimer statement, the ACT Department of Education and Training recommends that you consider carefully any risks involved before proceeding.

- I authorise the teacher-in-charge to make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency
- I agree to meet the costs associated with any emergency arrangement made by the teacher-in charge (free ambulance transportation applies only in the ACT)
- I agree that the student will be under the authority of the school for the duration of the activity, and that the teacher-in-charge is authorised to return the student home at the expense of the parent/guardian if the teacher-in-charge considers that circumstances warrant such action
- Please complete the attached medical form which will include information about current medical requirements and/or other needs of the child relevant to the activity
- The Excursion Medical Information and Consent Form must be completed and returned to the school prior to the excursion.

I agree to my child travelling by private car, driven by a staff member, as the case may be. I understand that video and photographic material may taken of my child on the excursion for assessment, display, moderation and publicity purposes and give permission for this to occur.

As outdoor adventure activities are generally optional enrichment activities, payment is required to cover costs.

I understand that activities this Term include swimming. To attend the camp or day trip I further understand that my son/daughter must be a competent swimmer and be able to pass a swim test before going, which is a 200m continuous swim in a pool and treading water for 5 minutes.

Permission for swimming and aquatic activities

NOTE: The information that you provide will assist to provide a safe environment for your child's participation in swimming/aquatic activities.

Please describe in detail your child's swimming ability, e.g. water confidence, swimming strength, distance (swimming continuously) and ability to tread water.

Please list any special requirements necessary for your child to participate in swimming/aquatic activities.

I agree to my child taking part in swimming/aquatic activities associated with this excursion.

(WHERE RELEVANT) I UNDERSTAND THAT VIDEO AND PHOTOGRAPHIC MATERIAL MAY TAKEN OF MY CHILD ON THE EXCURSION FOR ASSESSMENT, DISPLAY, MODERATION AND PUBLICITY PURPOSES AND GIVE PERMISSION FOR THIS TO OCCUR.)

Full name of parent/guardian (please print): _____

Signature of parent/guardian: Date:

This form requests information about students that will be held by the school. This information may be disclosed to government or private medical or paramedical staff and other relevant officers in the event of an accident or emergency. The information is collected as a lawful administrative function of the ACT Department of Education and Training.

PAYMENT OPTIONS

- 1. **Payment in person** at school Front Office-between 8:15am & 2:30pm Mon-Fri
EFTPOS facilities are available. Cheques made payable to Canberra High School
- 2. **Direct Deposit:** Bank: Westpac
BSB: 032777 Acc. No. 001113
Acc. Name: Canberra High School

FEE CODE: OP10 WATERSPORTS Amount - \$250.00

EXCURSION TITLE: OP10 WATER

- 3. **Canberra High School Website:** www.canberrahs.act.edu.au
(QUICKWEB)
- 4. **Phone Payments – Credit cards** Phone: 6142 0800

Please debit my Mastercard Visa

Card Number: - - -

Card Expiry Date: _____ Name on card: _____

Parent/Carer: _____ Student Name: _____

Total Amount Paid: \$ _____

Cardholders Signature: _____

Contact Phone number of Cardholder: _____

As this is an optional enrichment activity, payment will be required to cover the costs. The school has made every effort to keep costs for this activity at a reasonable level. We have an equity fund which can be used to provide financial assistance for students where parents are unable to make the requested contribution. If however there is insufficient total funding available to meet the cost of the camp/excursion, regrettably we may not be able to proceed.

Refund Policy: If a student and/or parent has made a financial commitment to an excursion and if the student is unable to attend for any reason (except in the case of sudden illness), the student and/or parent is entitled to a refund of money paid minus any non-refundable financial outlay that the school has made on behalf of that student. The school will endeavour to find a replacement for that student, in which case, all money will be refunded. The usual appeal provisions apply.