



Canberra High School
— ESTABLISHED 1938 —

Canberra High Times

Term 1,

Friday, 11 March 2022



FROM THE PRINCIPAL

Dear parents and carers,

As we approach the second half of Term 1, students will be busy completing assessments over the next couple of weeks and I encourage parents to discuss the upcoming commitments well in advance. The school diary and Google Classroom are both good sources to support students as they balance their commitments. Parents and carers can play a vital role in supporting students in organising their time and priorities. It was lovely to see so many parents touching base with their child's ACE teacher in our revised meet the teacher evening. You can also find out more about our teachers and meet them virtually via our Canberra High School events page <https://sites.google.com/ed.act.edu.au/chs-events/meet-the-teacher>. Our talented media events class compiled a series of videos so that you can see and hear about each of our teams and our teachers who work in them.

Diary Dates:

Tue 22 March	Y7 immunisation HPV dose 1
Wed 23 March	Y 8 immunisation Catch up HPV dose 2, dTpa dose 1
Tue 29 March	P & C Meeting, 7pm More details to follow
Thurs 31 March	Parent Teacher Interviews 3.15— 5.30pm Online
Wed 6 April	Parent Teacher Interviews 4.00- 7.00pm Online
Tue 10 - Thurs 12 May	NAPLAN Years 7 and 9

Today over 200 students participated in clean up Canberra High School day that was organised and coordinated by our Green team. The students did a fabulous job and the waste audit that was conducted after will provide valuable information for our community to ensure that we are taking care of our environment.

Our Year 8 F1 girls racing team of Sanvi, Elke, Darcy and Ora called Artemis were successful in winning a wild card entrance into the National Final later this term. This is a very exciting opportunity for this team and we eagerly await their results. A very special thank you and acknowledgement should be given to Paul Kinsella who provides so much support and guidance for our students interested in F1.

On Tuesday 22 February and 1 March all of our students attended a Cyber safety presentation which was coordinated and presented by Ms Choy. This is a particularly important component of our CARES values of Safety and Respect and I thank Ms Choy for her presentation.

Progress reports will be emailed home on Friday 25 March and parent teacher interviews will be across two days as online interviews. The 31 March and the 6 April from 3:15-5:30 will be online parent teacher interviews only through Microsoft teams. Booking for both dates will be via Parent-On-Line program and there will be more information about this program and how to book appointments included with your child's progress report. Please contact the school if you have any difficulties accessing the booking system.

As we are unable to host a year 10 information evening, we will be recording a video outlining important information about year 10, the year 10 certificate and college choices. We will also be providing a parent Q and A form where you will be able to submit your questions and we will publish answers at the end of the week for you via email. Make sure you look out for the email with the details of this information in the coming weeks.

Parent School Board
Representatives;

Daniel Stewart
Fern Hyde
Valessa Basic

P&C President
Scott Kennewell

president@chs.pandc.asn.au

Phone 02 6142 0800 • Fax 02 6142 0806

Ngunnawal Country

Address Bindubi Street Macquarie ACT 2614

Email info@canberraahs.act.edu.au • Web www.canberraahs.act.edu.au

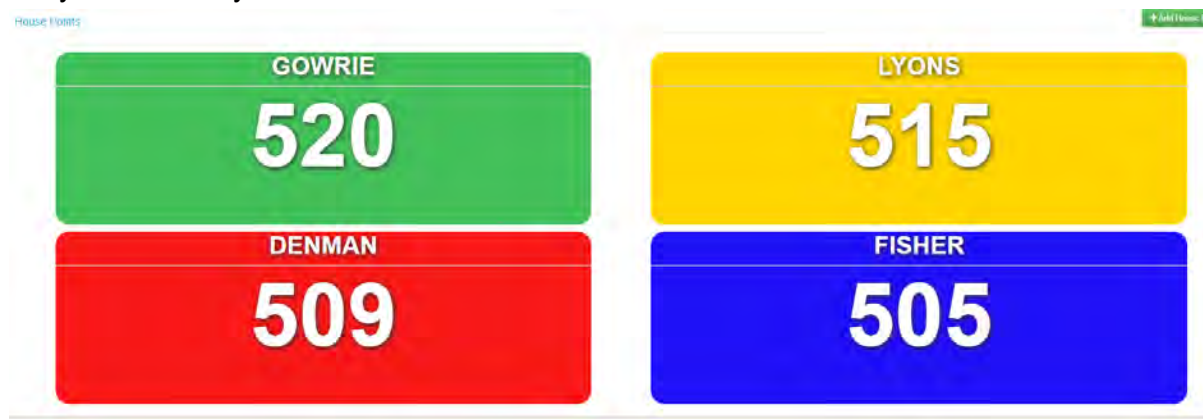
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PRINCIPAL Continued

Celebrating our CARES values of Community, Attitude, Respect, Excellence and Safety and our mission statement of engaging and innovative learning, nurturing respectful relationships, fostering a growth mindset and providing pathways for students to succeed is extremely important to the Canberra High School Community. One way that we are acknowledging this is through the awarding of HOUSE points that contributes to the Battle of the Houses in term 3 and the overall House shield at the end of the year. Staff are acknowledging individuals when they are displaying the CARES values in class, on the playground at the bus stop and on excursions to name a few. I have asked staff to acknowledge those ACE classes who are consistently in uniform or have all of their ACE group on time in the mornings. By acknowledging students who are demonstrating the CARES values they are contributing to house points and house spirit. The current House point scores are below. It is very close and there are lots of opportunities for students to contribute in many different ways.



This year our school Action Plan will be focusing on literacy and in particular student's abilities to write consistently across all KLA areas. Our staff at the beginning of the year was provided with PL from our literacy Action Team on strategies on how we can support and develop students' writing skills. We will be practising these strategies and revisiting them over the year.

Our new P&C was elected on Tuesday 22 February and I am very pleased to announce the following people and their positions in the P&C.

- President: Scott Kennewell
- Vice President: Trisha Taylor
- Treasurer: Leanne Wilkinson
- Secretary: Sarah Hollis-Bennetts
- Public Officer: Trisha Taylor
- ACT P&C Council Delegate: Michelle Kaumbuthu
- Canteen Coordinator: Natalie Drummond
- Events & Fundraising Coordinator: Wendy Robertson
- Grants Coordinator: Sarah Hollis-Bennetts
- Uniform Store Coordinator: Sophie Kneebone

Look out for more information as to when the next P&C meeting will be held and come along!

Finally many of you would be aware of the devastation that has occurred in Lismore as a result of recent floods. This has also had a huge impact on the three schools that reside in that area. Canberra High School has decided as a school community that we would get behind the initiative of Vouch for Lismore. 'Vouch for Lismore' campaign is about gathering as many vouchers as we can to supply to families in need. Vouchers for the businesses listed below mean that members of their school community can access what they need, when they need it. This all helps put money back into their local economy.



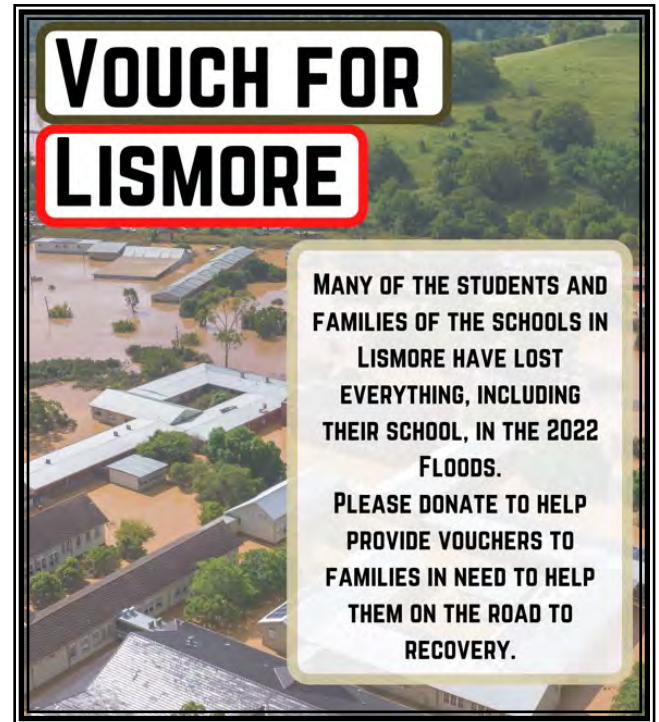
PRINCIPAL Continued

We are asking individuals or groups to raise funds and convert these into \$20 - \$100 vouchers for:

- - Woolworths - No alcohol vouchers
- - Coles [Coles Myer Group] - No alcohol vouchers
- - Big W
- - Cotton on
- - Harvey Norman
- - House
- - Kmart
- - Lowes
- Other vouchers for small local businesses within Lismore are also welcome and encouraged as these businesses get back on their feet!

As a school we will be doing a gold coin donation during ACE on Friday 18th March, however, if you would like to donate a voucher feel free to do so and our front office will collect them ready to pass on to the schools in Lismore.

Samara Chisholm



Student Support

Hello, this is the Student Support Team!

In our team, pictured you will see Paul Simmons - Youth Support Worker, Sam Richards - Cultural Integrity Officer, Elise Watson – School Psychologist, Laura Jermyn – School Youth Health Nurse and Lorelie Choy – Wellbeing Executive.

Our team has a collective approach to wellbeing. We support students with academic, friendships, relationships, school issues and everything else in between.

Parents and students can access the wellbeing team by completing a referral form available at the front office or the Student Wellbeing space.





COMMUNITY NEWS



CANBERRA HIGH SCHOOL

VISION AND MISSION



Canberra High School's Vision and Mission Statment:

Canberra High School is a diverse community of independent learners who are equipped with the skills and attitudes to become confident, creative and active citizens.

We will do this by:

Engaging in challenging and innovative learning, modelling and nurturing respectful relationships, fostering curiosity and a growth mindset, and providing a range of pathways for students to succeed.



CARES Values:

Community, Attitude, Respect, Excellence, Safety

By following the CARES Values it allows the school to become a safer learning enviroment for students, teachers and other members of the Canberra High School community. This is what the school's Vision and Mission aims to achieve.



P & C MATTERS

Thanks to all those who came along to the P&C Annual General Meeting on 22 February. It was great to be able to meet in person and have so many new people join us! At the meeting we received annual reports from last year's President and Treasurer and elected the new P&C Committee for 2022. Thank you to all the Committee members for stepping up this year.

The new P&C team is already hard at work planning a program of exciting activities, and we look forward to sharing more with you soon.

A big thanks also to last year's Committee for all your time and energy supporting the P&C and our school.

Did you know...

- All Canberra High parents and carers are automatically part of the P&C
- We contribute to the school and students through the canteen, second-hand uniform store, canteen, fundraising, events and more
- Your P&C is a great way to stay informed about school priorities and activities, share ideas and be involved with our school
- At P&C meetings you can meet others, find out more about the P&C and hear updates from our Principal and Board.

If you would like to know more about the P&C or are interested in anything the P&C does, please get in touch: secretary@chs.pandc.asn.au

You can also find out more about the P&C and register for our mailing list here:
<https://www.chs.pandc.asn.au>

The next P&C meeting will be held on Tuesday 29 March 2022 (Week Nine), starting at 7.00pm. We are hoping this can be a hybrid online/in-person meeting – more details to follow.

Not interested in attending meetings but want to make a contribution?
No problem, there are many ways to be involved...

- Do you have a skill or business that could support our school and students?
- Perhaps you could spare a few hours in our second-hand uniform store?
- Would you be willing to help organise an activity, fundraiser or social gathering?
- Perhaps you could coordinate a forum on a topic of interest to our parent/carers community?
- Maybe you could volunteer some time at a working bee or behind a BBQ?
- Perhaps you have some time to help us with preparing a grant submission?
- We would welcome support in any/all of the above, as well as suggestions about how we can do things even better - we are always keen to hear new ideas that support our school and students!



COMMUNITY NEWS Continued

NAPLAN 2022

NAPLAN Online will occur in our school from 10-12 May 2022. NAPLAN Online is an engaging assessment that adjusts questions to each student's achievement level. It also delivers more precise results to parents and schools more quickly. NAPLAN provides valuable information to schools and parents about literacy and numeracy achievement. It supports school improvement processes by enabling teachers to monitor student progress over time and to identify areas of strength and development. All eligible students in Year 7 and 9 are encouraged and supported to participate in NAPLAN testing. Visit www.nap.edu.au for more information and <https://nap.edu.au/online-assessment/public-demonstration-site> to see demonstration tests.

Our school will hold a NAPLAN practice test on Thurs 24 March to familiarise students with the process. Students need to bring their devices and non-wireless headphones on this day. If you would like to discuss your child's involvement in this testing or have any questions about NAPLAN, please contact:

Karen Brown (Year 9) karen.brown@ed.act.edu.au

Mary Philip (Year 7) mary.philip@ed.act.edu.au



Last year, 6 students from Canberra High represented our school for International Women's Day. We produced a pitch explaining to the panel the issues caused by period poverty, and how we plan to tackle these issues. We said that better education on periods, free sanitary items available across all schools in the ACT and sanitary bins emptied regularly would make a huge difference towards reducing period poverty. Our pitch won, and we were able to ensure that pads and tampons were provided in the female and gender neutral bathrooms, as many of you may have seen. This was part of a trial to see how the products were going, and what worked and didn't work. It has now been almost a year since the trial



began, and I'm proud to say that the trial went really well. We are currently working to roll these products out to other schools as well, but for now we need to maintain the care of our products, as unfortunately there has been some wastage recently. This is really disappointing, and we need to take care of these products as they are essential for those who need them. Please do the right thing, and respect our period products.

By Amelia



ARTS & LANGUAGES

Arts and Languages

Students in Year 8 Visual Art have begun working on their Art in Butt Out competition entries. This is a wonderful competition that encourages students to create an artwork that encourages people, both young and old, to either stop smoking or not take it up in the first place. Canberra High has had a long association with this competition and have been the winners each year since 2013. We wish all the students well in preparing their entries. The competition is open to all year 8 students, so if you are not in the Art class but wish to enter, please see Ms Zheng for more details.

Band students have been rehearsing well. It's great to hear the sound of each band filtering down the corridors. Senior Band is looking forward to their first performance at Open Night in Term 2. Opportunities for performing in front of an audience have been limited over the last few years and everyone is hoping that this will be the first of many this year for all our bands. Mr Crispin and Ms Britton are encouraging students to practise at home. Please feel free to contact them if you would like some tips on supporting your child at home with this important activity.

Our new course, Photomedia Industry Studies, has been a big success so far. The Year 10 students in this class produced some outstanding videos for Meet the Teacher. For some students, it was their first big media project and it was great to see how well they collaborated within their small teams and with the staff they were filming. This week they have been out and about photographing, with many of their images appearing in this edition of the newsletter. We plan to increase the amount of content the class produces for the newsletter in the coming months culminating in a complete student edition next term.

There are some great competitions available for Arts students currently. The Sneaker Design Competition is "encouraging creativity in young artists" and has a first prize value of over \$1000. Students need to create an original sneaker design on any material such as paper, canvas or even an actual sneaker. Entries for this competition close on 31/3/22. See Ms Mees for more details. For Photography students in years 9 and 10, the International Youth Photo Festival Exchange in Japan is open for entry. We have won this competition on 3 previous occasions with the students involved winning an expenses paid trip to Japan to attend the Festival. It is a team competition, 3 members to a team. One team from Canberra High will be selected to go into the main round. Our entry will be selected at the end of week 9 this term.
Mr Kay



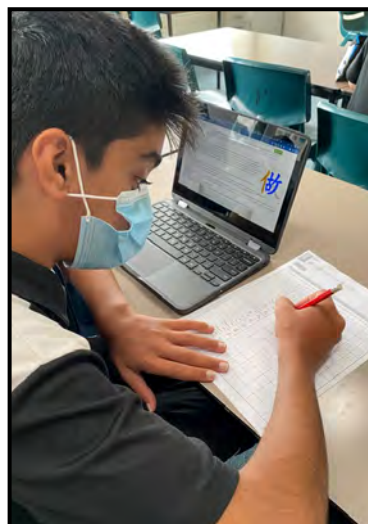


ARTS & LANGUAGES Continued

Year 7 Mandarin Students Are Utilising Technology to Enhance Chinese Writing

At Canberra High School, Mandarin students have the chance to combine traditional language learning methods with modern technology in their learning journey. They are provided with a range of online resources and tools which help them with the correct pronunciations, tones, vocabulary, sentence construction, listening, comprehension etc. In Week 6, the Year 7 Mandarin students started learning Chinese hanzi writing. This has been a fascinating but challenging activity for the beginning learner. Due to the significant differences between English and Chinese writing systems. Our students, however, have achieved amazing success with the help from online Chinese learning platforms. Provide vivid demonstrations of how a Chinese hanzi should be written in the correct stroke order and made these apps writing Chinese easy and fun.

Ms Zheng



New wordwall in French room 226

Line B and Line E year 7 French students studied animals during week 3. They have been writing French words for some of the animals and drawn the illustrations next to the word and the result is fantastic. Students are now using the wordwall to talk about their pets for their presentation assignment.

They are able to make sentences like : *J'aime mon chien* (I like my dog) / *J'aime ma grenouille* (I like my frog)



C'est du bon travail!
Peggy Halas



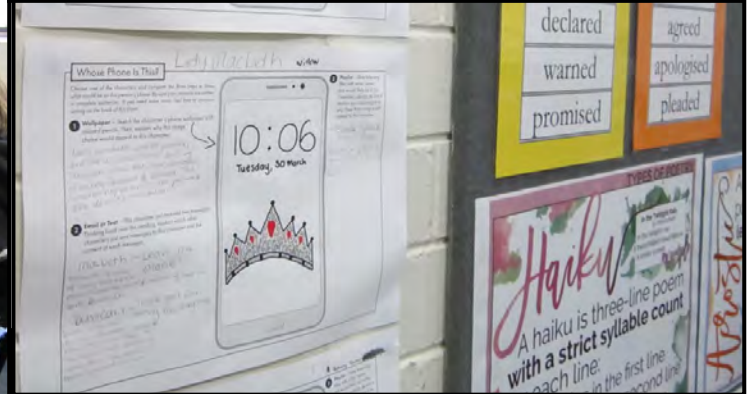
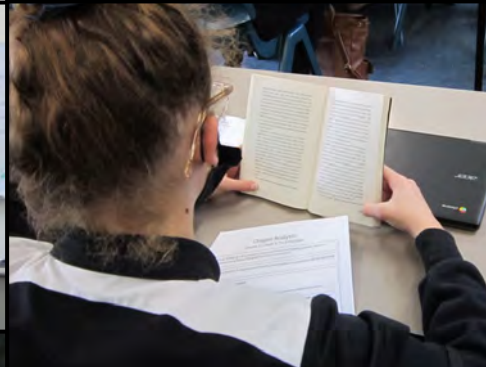
WHAT IS HAPPENING AROUND THE SCHOOL

Montage of photos recently taken by Year 10 photo media class,
Celebrating work of students and staff at Canberra High School.





WHAT IS HAPPENING AROUND THE SCHOOL Continued





LIBRARY

Library news

It has been nice to meet the Year 7 students over the past few weeks as they navigate their new library. Our displays have targeted them by showcasing our Manga and Animal Stories sections as well as giving choices about what to read after Harry Potter. Ask your year 7 if they liked the flying broomstick or Platform 9 3/4.

Despite the COVID rules dictating that we cannot mix all year levels in the library at the same time, we have made times for each year level to use the library at lunchtimes. Students have also come down with their regular classes to use the spaces, do classwork, read or borrow books.

There is much to look forward to this year with National Simultaneous Storytime in May, Chief Minister's Reading Challenge (which has already started), Bookweek in August and Battle of the Houses activities.

If your year 8, 9 or 10 student still has books from last year could you please encourage them to return them to the library so that others can borrow them? The overdue notices were distributed in week 2 so they should know what they need to return.

Happy Reading
Ilona Horvath



SCIENCE

2022 has been off to a busy start in Science, with students completing a range of topics.

Year 7 have had their first experiences in the science laboratory and have now completed the initial safety tasks and received their Bunsen burner licences! They are now exploring the scientific investigation process and will be completing lots of experiments in the next few weeks.

Year 8 have been learning about cells and body systems. They were able to use the microscopes and explore the different types of cells on the microscopic level. In the coming weeks they will be completing a heart dissection! Year 9 are investigating atoms and chemical reactions, completing several experiments so far. Year 10 are finishing up their first unit- genetics. They have extracted DNA from a strawberry and used Sesame Street characters to model genetic inheritance.





SOSE

Year 7 SOSE: Historical Skills and Archaeology

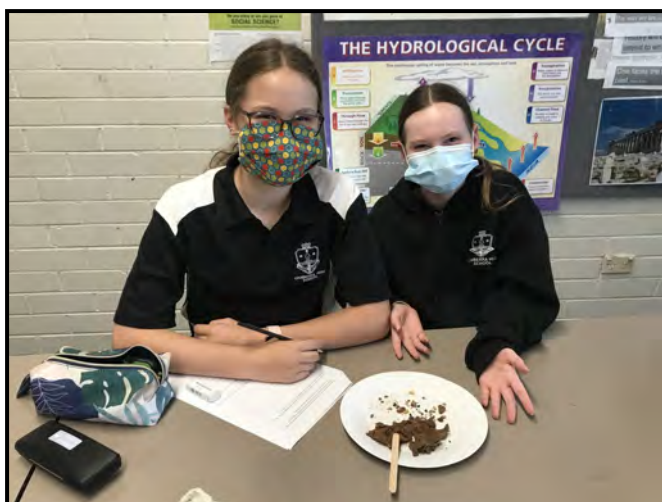
As part of the Year 7 SOSE Curriculum, we have spent time investigating the past and learning about drawing conclusions from the evidence we find.

As archaeologists, the Year 7 students took part in a practical activity in which they examined, dissected, and drew conclusions from an artefact.

The question: *was your ancient poo from Ancient Rome, the Vikings, or the Tudor period?*

Archaeologists investigation newsletter writing: By Carolyn, SOSE

In this activity, we were archaeologists investigating a piece of human waste belonging to either the Romans, Vikings or Tudors. Based on the food pieces we found in the waste, we could see their diet and therefore determine which period they were from. The fake poop was quite smelly due to the chicken or beef stock in it. Although I found it kind of strangely cute and interesting, the smell of the gloves that we had to wear remained for quite a long time which wasn't the best. Ok, back to the activity. If your poo had bread grains, melon seeds, olive stones, orange/lemon pips and small stones, you've got a Roman poo. Viking poo has fish bones, bread grains, apple pips, peas, cherry stones and small stones. Fish bones, bread grains, apple pips, peas and lentils all belong in the Tudor poo.





SHAPE

SHAPE (Sport, Health And Physical Education) at Canberra High School is focused on providing the best learning environment for students and working on each student's fitness and sports skills by teaching them in a safe and fun learning environment. In core SHAPE this year new shirts have been made for students and staff alike to represent the house colours. Each shirt is customised for the house colours and we expect they will be available for collection from early April. The SHAPE shirts will be vital in supporting your house when the battle of the houses commences later in the year.

Due to conditions with COVID-19 some of the popular sporting events at Canberra High such as the swimming carnival have been postponed and changed to the following dates

- Athletics Carnival: 11th August, Week 4 Term 3 at the AIS arena
- Swimming Carnival: 25th November, Week 7 Term 4.

Canberra High School is very thankful to have talented students that strive for athletic development. This year we are proud to announce our new date and venue for our carnival, being Thursday 11 August at the AIS arena. On this new surface, we are excited to see if some of the old records can be destroyed! Below is the list of our current 100m records.

12 yr	13 yr	14yr	15yr	16yr
100m	100m	100m	100m	100m
F13:50 M13.25	F13:09 M12:47	F13.20 M11.64	F13:07 M11.74	F12:50 M11.24

Outdoor Education is a subject offered as an elective for year 9 and 10 students. The year 10s are headed out to Snakerock for rock climbing and abseiling on Friday the 4th of March. We look forward to hearing about that adventure soon.

The School Sport ACT Scholarship Fund:

The School Sport ACT Scholarship Fund aims to provide assistance to families that may choose not to have their child trial for selection or accept the selection of their child to an ACT representative team, as they are unable to meet the financial requirements of competing. The Scholarship Fund is open to applications from students travelling interstate to attend a School Sport Australia Championship. Students attending an ACT hosted Championship are not eligible.

To be considered, each application must be endorsed and signed by the student's Principal. This will include a confirmation of enrolment status, attendance and endorsement for each applicant. To be eligible to apply, the applicant must be able to demonstrate financial need by providing evidence, of a minimum of ONE, of the listed items. In its inaugural year, the fund will support 25 Scholarships of \$500 each. Assessment of applications and the allocation of funds are to be spread across the year so students from all 17 sports have fair access to assistance.

For more information please visit the link below

<https://schoolsportact.org.au/wp-content/uploads/2022/02/School-Sport-ACT-Scholarship-Fund-Application-Information-and-Form.docx>

Written by Ebony and Charli.

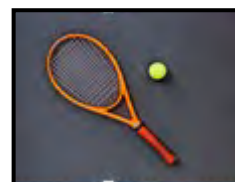
ACT Secondary Tennis Day (Boys & Girls)

This event is part of the SSACT 18&U Tennis team selection process. Students must have either an Australian ranking or a UTR (Universal Tennis Ranking), experience in Australian ranking tournaments or Junior Development Series events or overseas tournaments.

Date: Tuesday 3rd May 2022

Venue: Canberra Tennis Centre

Entry Closing: **Thursday 28th April.** All entries must be made by the school (Mrs Gooch in SHAPE). No individual player entries will be accepted.





COMMUNITY NEWS Continued

CANBERRA REGION RUGBY LEAGUE

COME & PLAY RUGBY LEAGUE

AUNTIES **SISTERS**
FRIENDS **COUSINS**
COLLEAGUES **MUMS**

TACKLE UNDER 9'S, 11'S, 13'S, 15'S, 17'S & OPEN WOMENS
LEAGUE TAG UNDER 12'S, 14'S, 16'S & OPEN WOMENS

CONTACT YOUR LOCAL CLUB TO GET INVOLVED
VISIT PLAYRUGBYLEAGUE.COM.AU/PLAY
OR EMAIL DEB.DFORD@RAIDERS.COM.AU

CANBERRA REGION RUGBY LEAGUE

REGISTER NOW

FIND YOUR LOCAL CLUB

PLAYRUGBYLEAGUE.COM.AU/PLAY

It's never too early to start saving.

Saver Plus is a free 10-month financial education & matched savings program. Strengthens money skills, develops savings habits, and saves for 2023 back to school costs.

saver plus

Saver Plus

Do you have a child in school and currently receive a Centrelink payment? You could be eligible to join Saver Plus, the award-winning financial education program that matches your savings with up to \$500.

See below for all the eligibility criteria needed to join our program and enquire today.

<https://www.bsl.org.au/services/saving-and-managing-money/saver-plus/>

LOOK FAMILIAR?

OUR PARENTING COUNSELLORS ARE HERE TO PROVIDE FREE ADVICE AND SUPPORT.

CALL 6287 3833

parentline

Offering a free confidential service for the most important job in the world.

6287 3833

ACT Government Education

e-Safety WORKSHOP

For parents and carers of ACT Public School Year 7 students.

TIME AND PLACE:

Where: Online
Date: Tuesday 10 March
Time: 12:30pm - 1:30pm
Date: Thursday 17 March
Time: 6:00pm - 7:00pm

WORKSHOP:

All currently used copies of these 7 e-safety kits are available to download and use, including e-safety kits for students, teachers, and parents. Knowledge and skills to support their child with digital technology.

WEBINAR:

A Google Meet will be available to Year 7 students 24 hours before the workshop. Registration not required.

PLEASE BRING YOUR PHONE or LAPTOP



COMMUNITY NEWS Continued

Public Health Alert


The ACT Health Directorate has alerted the Canberra and surrounding community to protect themselves against mosquito bites. Japanese encephalitis virus (JEV) has been detected in samples from pigs in commercial pig farms at locations in regional New South Wales, northern Victoria and southern Queensland, indicating the virus is likely circulating in the mosquito population.



The alert includes more information about the symptoms of JEV and a list of simple actions to avoid mosquito bites. [Public Health Alert: protect against mosquito bites.](https://health.act.gov.au/public-health-alert/public-health-alert-protect-against-mosquito-bites)
<https://health.act.gov.au/public-health-alert/public-health-alert-protect-against-mosquito-bites>

New ACT health instructional video: How to do a saliva rapid antigen test

[How to do a saliva rapid antigen test](https://www.covid19.act.gov.au/stay-safe-and-healthy/symptoms-and-getting-tested/when-to-get-tested/recache#Rapid-Antigen-Tests) <https://www.covid19.act.gov.au/stay-safe-and-healthy/symptoms-and-getting-tested/when-to-get-tested/recache#Rapid-Antigen-Tests> is ACT Health's latest instructional video, available on the COVID-19 website page – [About COVID-19 testing.](https://www.covid19.act.gov.au/stay-safe-and-healthy/symptoms-and-getting-tested/when-to-get-tested/recache#Rapid-Antigen-Tests) <https://www.covid19.act.gov.au/stay-safe-and-healthy/symptoms-and-getting-tested/when-to-get-tested/recache#Rapid-Antigen-Tests> This page also includes video instructions about how to do a nasal rapid antigen test.



LOWES

3 DAY VIP EVENT
MARCH 10TH - 12TH
ZERO & REWARDS CARD HOLDERS



20% OFF
ORIGINAL PRICES

SCHOOLWEAR
& EVERYTHING ELSE!

DON'T HAVE A CARD? APPLY INSTORE OR ONLINE & START ENJOYING THE BENEFITS.

*T&C'S APPLY, SAVINGS OFF ORIGINAL PRICES.

SHOP ONLINE & INSTORE



OFFER ENDS 11:59PM SATURDAY 12TH MARCH, 2022 (AEST)

*T&C's apply. Must use Zero or Rewards card to receive discount. Savings off original price, can not be used in conjunction with any other offer, no merchandise. Excludes gift cards & schoolwear laybys. Offer available online & in-store.

PAY AS YOU WEAR!
Flatten your expense curve by paying off your Lowes purchases over 12 months with your Zero card.

Plus **EXTRA 5% OFF** your purchases

Click here to find out more about our Zero card >

Lowes is pledging to raise funds for the Sydney Children's Hospitals Foundation.

Here's how you can help.


DONATE A LITTLE

DONATE A LOT

BUY A TOTE

This is an opportunity to let your community know that Lowes will be raising funds to help the Sydney Children's Hospitals Foundation. Here's how you can help, **\$2 is all it takes.** Add it at the cart this zero event day. Or buy a tote bag. Make every dollar count. 100% of the proceeds go to research in children's health all over the world.

Helping all sick kids, no matter where, no matter what.



Designed by kids at Sydney Children's Hospital



Supersmile Orthodontics would like to recognise some exceptional students from Canberra High School by presenting the:



SUPERSMILE ORTHODONTIC BRACES MAKE GREAT FACES AWARDS

To be presented at the end of year assembly.

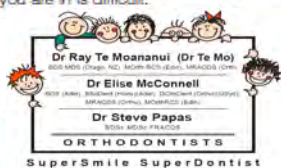
AWARD 1 – LEADERSHIP AWARDS \$400 each Awarded to:

- One Year 7 male
- One Year 7 female
- One Year 8 male
- One Year 8 Female



The recipients of the Supersmile Orthodontic Leadership Awards are for students determined to use their outstanding ability and natural talents to realise their full potential.

- **Willing to take on a challenge** – you are not one who will sit back and let an opportunity be missed. You will get in there and take on the challenges that come your way.
- **Prepared to take the lead** – you are prepared to step up to take the lead when this is required. You will not sit back and just let others 'carry you'.
- **Operate as part of a team** – you understand the importance and strength of a team and work well in this environment where success is determined by the strength of the team.
- **Self-motivated** – your drive comes from within and you strive to achieve at your highest in all that you do.
- **Outward looking** – your focus is not merely on your school life but it goes beyond this where you are engaging with the broader community.
- **Resilient** – you understand that there will be set backs but you are prepared to persevere even when the situation you are in is difficult.



Just a hop skip and a jump away come and visit!

Belconnen
Unit 44
21 Wiseman St,
Macquarie ACT
Tel: 6251 0663

City
Suite 1, Level 6
17-21 University Ave,
Canberra City ACT
Tel: 1900 767 553

AWARD 2 – ACADEMIC AWARDS \$400 each Awarded to:

- One Year 7 male
- One Year 7 female
- One Year 8 male
- One Year 8 Female



The recipients of the Supersmile Orthodontic Academic Awards are for students who demonstrate excellent academic potential.

- **Intellectually curious** – you have high academic aspirations and are motivated by a desire to understand the world from multiple perspectives, building on the knowledge and skills acquired in a broad range of subjects and experiences.
- **Effective communicator** – you understand and express ideas and information confidently and creatively in multiple languages. You work successfully and willingly in partnership with others.
- **Principled** – you act with integrity and honesty. You have a strong sense of social justice and respect for the dignity of the individual, group and communities, either local or international.
- **Accepting and broad minded** – you are committed to understand your own cultures and you are equally open to the perspectives, values and traditions of others.
- **Reflective** – you are thoughtful and active in your own learning and experience. You are able to assess and understand your strengths and limitations in order to further learn and grow personally.

Dr Michael Hyde

Over 25 years of creating perfect Canberra smiles, and is a leader in Australian Orthodontics. One of only 7 orthodontists in the world to successfully complete the prestigious fellowship exam by the Royal Australasian College of Dental Surgeons. For the past 8 years has taught the next generations of orthodontists at the University of Sydney.

Dr Ray Te Moananui

Gained his Masters Degree in Orthodontics from the University of Otago, New Zealand, and brings extensive experience in orthodontic treatment of both adults and children of all ages.

www.supersmile.com.au

Canberra High Times Newsletter

This newsletter can be received by email or a hard copy can be collected by students. ACE teachers will be requesting e-mail addresses or you may email the school to be registered to receive the newsletter electronically. The school's email address is: info@canberraahs.act.edu.au.

The newsletter can also be downloaded from the Website.

www.canberraahs.act.edu.au

It is published in weeks 3, 6 and 9 each term.

Front Office Hours: 8 am to 3.30 pm Mon—Fri.

Payment Hours: 8:15 am to 2.30 pm