



CANBERRA HIGH SCHOOL - Technology Learning overview for Semester 1, 2022

Subject:

Young Chefs 1

During Semester 1, students will learn the aesthetic, social and nutritional appeal of food preparation and presentation. Students will have the opportunity to participate in a cookery competition which will develop skills in creativity, presentation, technical and teamwork.

Work and communication will occur in class and within your child's Google Classroom page.

Week	Topic	Content/Activity/Tasks
1	Safety in the kitchen	Safety quiz
2	Dry cooking methods	Nearpod powerpoint Cooking methods worksheet Recipe: Curry beef triangles
3	Moist cooking methods	Cooking methods definition worksheet Quizlet Recipe: Banoffee Pie
4	Combination cooking methods	Definition to method worksheet Cooking methods cookbook worksheet Recipe: Chicken Gyoza
5	Knife skills	Knife skills masterclass Recipe: Molten Lava Cake Assignment given this week
6	Food presentation	Food presentation worksheet Recipe: Chicken and asparagus pasta



CANBERRA HIGH SCHOOL - Technology Learning overview for Semester 1, 2022

Subject:

7	Meal planning	Meal planning activity Recipe: Creme Brulee
8	Budget planning	Time in class to work on assignment Recipe: Gnocchi with blue cheese sauce
9	Time management	Time in class to work on assignment Recipe Lemon Delicious

10	Dessert cooking techniques	Dessert practice cooking lesson Practical evaluation Food presentation techniques
11	Main or dessert cooking techniques	Dessert practice cooking lesson Practical evaluation Food presentation techniques
12	Class cooking competition	Practical evaluations Recipe budgeting Assignment Due
13	Preparation for final cooking competition	Time Management plans Recipe: Miso Rice bowl
14	Final cooking competition	Team work Practical evaluations
15	Food traditions	Research activity Recipe: Lemon delicious



CANBERRA HIGH SCHOOL - Technology Learning overview for Semester 1, 2022

Subject:

16	Food traditions	Research activity Recipe: Chicken Pad thai
17	Food traditions	Research activity Recipe: Class competition recipe
18	International Cuisine	Padlet task Recipe: Class competition recipe
19	International Cuisine	Padlet task Recipe: Class competition recipe
20	International Cuisine	Padlet task Recipe: Class competition recipe